

Constellations of Us/Star People

Concept and Content

The following poem was the inspiration for the concept and concept of my ideas for the Constellations Wintertide Festival 2025.

Long before your first breath, before Earth even dreamed itself into being, you were already written into the cosmos.

In the silence of ancient skies, stars burned themselves into brilliance, collapsing in explosions so vast they shook the fabric of creation. Out of their surrender came gifts—carbon, oxygen, calcium, iron—scattered like seeds across the dark fields of the universe.

For eons, these elements traveled through nebulae, woven into the birth of worlds, resting in dust, riding on starlight. They waited, patient, until the moment they could gather again—this time into the form of you.

Seven octillion atoms, each a survivor of fire and time, now pulse together as your body. Not random. Not accidental. A miracle of cosmic memory shaped into flesh.

And here you stand—not separate from the universe, but as the universe, awakened to itself. A being who can love, grieve, imagine, and wonder at the very stars that once gave you birth.

You are stardust come alive. You are the cosmos, telling its own story through human hands and human heart.

By Alexandria Alliesha-Tewaesha